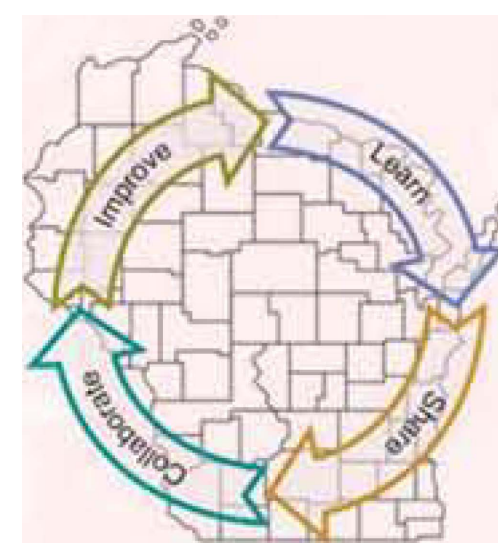


COMMUNITY OF PRACTICE ON AUTISM & OTHER DEVELOPMENTAL DISABILITIES

# WINTER GATHERING

## ACCEPTING OUR COMPLEX BODIES LET'S TALK GUT HEALTH AND SLEEP HEALTH

**DATE** FEBRUARY 26, 2025  
**TIME** 8:15 AM To 12:30 PM  
**LOCATION** VIRTUAL  
**ADMISSION** FREE



COMMUNITY OF  
PRACTICE ON AUTISM  
SPECTRUM DISORDERS  
& OTHER DEVELOPMENTAL DISABILITIES

### ABOUT

Come join us for a discussion around the intersection of our bodies and disability, focusing on gut health and sleep health. We will learn about existing research and discussion on these issues. Following that, we will hear from panelists talking about impact and solutions. This is being planned as a virtual gathering with local viewing and discussion sites around Wisconsin.

### FEATURED SPEAKERS

**COLLEEN MCCLUSKEY AAS, BS, MS**

Accepting Our Complex Bodies: Body Systems, Interoception, Self Care

**SELF-ADVOCATES' & CAREGIVERS' PANEL**

Gut Health – Impact and Solutions

**SELF-ADVOCATES' & CAREGIVERS' PANEL**

Sleep Health – Impact and Solutions

**REGISTRATION: [go.wisc.edu/cop2025feb](https://go.wisc.edu/cop2025feb)**